

# Developmental Milestones & Early Learning in the Digital Age

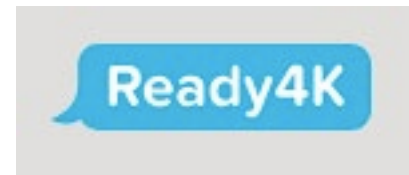


VROOM are daily activities on the app that relate to things families do every day.

<https://www.vroom.org/science>

Ready4K. - 3 text messages a week specifically for the age of your child.

<https://ready4k.parentpowered.com/>



Learn the Signs. Act early.

Free digital downloads of developmental milestones for each stage of a child's life.

<https://www.cdc.gov/ncbddd/actearly/index.html>

Text4Baby. <https://www.text4baby.org/>

Daily text messages sent to you about your child's development from prenatal to toddler years.



Just in Time Parenting. Free digital downloads in a monthly newsletter on all aspects of child development.

<https://jitp.info/>

Healthy Children.org.

Free digital downloads about a child's development.

<https://www.healthychildren.org/English/ages-stages/Pages/default.aspx>



Baby Sparks has developmental milestones and early learning activities and videos for parents in English and Spanish. <https://babysparks.com/>

What to Expect has information for families from pregnancy through the toddler years. <https://www.whattoexpect.com>



Wonder Weeks is a personalized weekly calendar of your babies' brain development. <https://www.thewonderweeks.com/>