

You are Invited
Family Services' Annual Luncheon



Featured Speaker Dr. Robert Sege

Pediatrician, Professor of Pediatrics at Boston University

and Lead Author "Balancing ACEs with HOPE"

Building a Better Beloit

Through Positive Childhood Experiences

Overcoming Adverse Childhood Experiences (ACEs) and Foster Resilience

Tuesday, September 26, 2017

11 am – 1 pm

Eclipse Center

RSVP by September 20, 2017

www.statelinefamilyservices.org/events

or 608-365-1244

Adverse childhood experiences are the most basic and long-lasting cause of health risk behaviors, mental illness, social malfunction, disease, disability, death, and healthcare costs.

This year's speaker, Dr. Robert Sege, lead author of a new report, "Balancing Adverse Childhood Experiences* with HOPE (Healthy Outcomes of Positive Experiences), will discuss how childhood adversity, and toxic and negative factors impact healthy child development and the importance of HOPE, a framework that identifies and promotes positive child and family well-being.

This message is relevant to all those interested in strengthening our community. Childhood experiences have a tremendous, lifelong impact on health and quality of life. Positive experiences and supportive relationships provide the buffering that allows children to withstand, or recover, from adversity.

Family Services' goal is to build on the impact created by Dr. Navsaria's presentation last year on the importance of early child brain development. Dr. Sege will address the barriers that can hamper that development and present ways to counteract or overcome them. As people begin to understand how ACEs have affected their lives they become empowered to take responsibility and change their lives, the lives of their children and families, and become a force for change and resilience in their communities.

* "Adverse Childhood Experiences Study" done by Kaiser Permanente in San Diego and the Centers for Disease Control in Atlanta, Georgia



Dr. Robert Sege
Practicing pediatrician,
Professor of Pediatrics at Boston University,
and member of the American Academy of
Pediatrics' Committee on
Child Abuse and Neglect.